

Arrowhead High School

2025 Girls Swim & Dive

First Name	Last Name	Grade
Tenley	Beske	9
Tessa	Hansen	9
Juhi	Rajesh	9
Hadley	Richmond	9
Madelyn	Stuettgen	9
Aila	Anderson	10
Katelyn	Kiefer	10
Sydney	Madole	10
Ava	Ortloff	10
Eleanor	Rogers	10
Samantha	Sauer	10
Sophie	Schneider	10
Olivia	Schweiger	10
Camilla	Smith	10
Longyue	Yan	10

First Name	Last Name	Grade
Isabella	Agnello	11
Charlie	Bishop	11
Lillian	Chung	11
Paige	Ekholm - Diver	11
Elizabeth	Hansen	11
Brooke	Haworth	11
Sophia	Kemos	11
Claire	Prohaska	11
Peyton	Senn - Diver	11
Julianna	Drake	12
Zoe	Haeuser	12
Haley	Johnson	12
Lucy	Kempson	12
Kate	Lucyshyn	12
Lara	Manter	12
Piper	Moede	12
Cate	Wisener	12

Head Coach: Ruth Ann Ahnen

Assistant Coaches : Kim Grimes & Kim Kuptz

Dive Coach: Mary Rabe



Superintendent: Conrad Farner

Principal: Adam Kurth

Associate Principals: Becky Gordon & Sarah Vogel

Activities Director: Ryan Mangan

Assistant Activities Director: Patrick Cottrell

School Colors: Scarlet, Columbia Blue, White

Athletic Trainers: Eberhardt Dietzel, MS, LAT, ATC, PES
& Karissa Klink, MS, LAT, ATC - ProHealth Care